

NOC 2026 SCIENTIFIC PROGRAMME

27th FEB 2026 FRIDAY

TIME		SESSION (CO-ORDINATOR) TALK TITLES	FACULTY/ CHAIRPERSON
08:00 am– 06:00 pm		REGISTRATION	
8:15 am-8:30 am		Guests to be escorted to their seats on dais	
8:30 am-09:07 am		INAUGURATION (Moderator – Dr Arti Dewan)	
5 minutes (8:30 am-8:35 am)	1.	Welcome Address	Dr N K Aggarwal
5 minutes (8:35 am-8:40 am)	2.	Lamp lighting	
5 minutes (8:40 am-8:45 am)	3.	Address by Guest of Honor	Mr Bipin Gupta
2 minutes (8:45 am- 8:47 am) 4 minutes (8:47 am-8:51 am)	4.	IOA President’s Address IOA Secretary’s address	Dr Navin Takkar Dr Rajiv Raman
4 minutes (8:51 am-8:55 am)	5.	Words of wisdom	Dr D D Tanna
4 minutes (8:55 am-8:59 am)	6.	Word of advice for future Orthopaedic Surgeon	Dr S C Ahuja
4 minutes (8:59 am-9:03 am)	7.	Blessings by Chief Guest	Dr S M Tuli
4 minutes (9:03 am-9:07 am)	8.	Vote of thanks	Dr Avtar Singh Kharay
09:14 am -09:34 am		KEYNOTE ADDRESS (Moderator – Dr Inder Pawar)	Dr D D Tanna Dr S C Ahuja
20 minutes (9:14 am-9:34 am)	1.	A Journey Through Orthopaedics, 1959 onwards: Then, Now & Next	Dr S M Tuli
09:36 am-10:32 am	S1.	PLENARY LECTURES (Moderator – Dr Bobby John)	Dr S M Tuli Dr Raj Bahadur
20 minutes (9:36 am-9:56 am)	1.	Orthopaedics Beyond Books and Journals	DR D D Tanna
16 minutes (9:56 am-10:12 am)	2.	Absolute Stability -A thought process beyond books	Dr Navin Takkar
10 minutes (10:12 am-10:22 am)	3.	Indian Ortho biologics journey - An Overview	Dr Manish Khanna
10 minutes (10:22 am-10:32 am)		Q & A	
10:34 am-12:19 pm	S2.	MIROS SESSION (Moderator – Dr Anjan Pan)	TBA Dr B Shivashankar
15 minutes (10:34 am-10:49 am)	1.	USE of JESS fixator in management of intraarticular fractures of distal Humerus	Dr Amulya Singh
10 minutes (10:49 am-10:59 am)	2.	My cases treated by MIROS type fixation	Dr Jawahar Jethwa

25 minutes (10:59 am-11:24 am)	3.	MIROS-Philosophy, Mechanics and Experience of two decades	TBA
14 minutes (11:24 am-11:38 am)	4.	Steps and surgical techniques in MIROS	Dr Kingshuk Mandal
10 minutes (11:38 am-11:48 am)	5.	MIROS: A case series	Dr A N Mukherjee
11 minutes (11:48 am-11:59 am)	6.	MIROS in Fracture Calcaneus	Dr Alberto Battaglia
10 minutes (11:59 am-12:09 pm)	7.	MIROS: Punjab Experience	Dr Ravinder Singh Sidhu
10 minutes (12:09 pm-12:19 pm)	8.	MIROS in Lower Limb (Thigh, Knee, leg, Foot and ankle): Principles and case examples	Dr Kingshuk Mandal
LUNCH WILL BE SERVED BETWEEN 12:30 PM TO 3:30 PM IN THE PAISLEY HALL THERE WILL BE NO SEPARATE LUNCH BREAK			
12:21 pm-01:25 pm	S3.	PLENARY LECTURES (Moderator – Dr Rajnish Garg)	Dr A N Mukherjee Dr Christodoulos Amorgianos
15 minutes (12:21 pm-12:36 pm)	1.	Lumbar Canal Stenosis - The commonest ailment in spine clinic	Dr Raj Bahadur
15 minutes (12:36 pm-12:51 pm)	2.	Caries dorsal spine - innovative Thoracoscopic decompression, the origin of the procedure	Dr Sudhir Kapoor
15 minutes (12:51 pm-1:06 pm)	3.	Massive cuff tear - Treatment algorithm	Dr Rajiv Raman
12 minutes (1:06 pm-1:18 pm)	4.	Burgers disease no more a Menace	Dr Arvind Diwaker Jain
7 minutes (1:18 pm-1:25 pm)		Q & A	
01:25 pm-02:05 pm	W1	MIROS - Workshop & Discussion (Moderator – Dr Ravinder Sidhu)	All session Faculty + Dr Ravinder Sidhu + Dr Anjan Pan Dr Gianmarco Marcello
02:05 pm-03:00 pm	S4.	PLENARY LECTURES (Moderator – Dr Harpal Singh)	Dr Arindam Banerjee Dr Sudhir Garg
20 minutes (2:05 pm-2:25 pm)	1.	Heavy Metal Toxicity and Its Role in Orthopaedic and Musculoskeletal Conditions	Dr Paramjit Kaur
15 minutes (2:25 pm-2:40 pm)	2.	Chelation and Beyond for Heavy Metal Removal - Science, Philosophy and Experience	Dr Mitra Basu Chillar
15 minutes (2:40 pm- 2:55 pm)	3.	Office Orthopaedics: The Next Frontier in Orthopaedic Practice	Dr Kiran Shete
5 minutes (2:55 pm-3:00 pm)		Q & A	
03:02 pm-04:42 pm	S5.	OA KNEE SYMPOSIUM- Present Treatment(Moderator – Dr N K Aggarwal)	Dr S S Amarnath Dr Sudhir Kapoor
10 minutes (3:02 pm-3:12 pm)	1.	Introduction	Dr N K Aggarwal
10 minutes (3:12 Pm-3:22 Pm)	2.	OA Knee – The Challenge and Present Treatment – Review	Dr B S Rajput

10 minutes (3:22 pm-3:32 pm)	3.	Role of Arthroscopy in OA Knee (Synovectomy and Injectables etc.)	Dr Manish Bansal
10 minutes (3:32 pm-3:42 pm)	4.	Role of Hyaluronic Acid/Steroid injections	Dr Ashim Gupta
10 minutes (3:42 pm-3:52 pm)	5.	HTO Overview and a new Technique	Dr Rajashekar Pappu
10 minutes (3:52 pm-4:02 pm)	6.	Robot and newer alignment strategies in TKR	Dr A S Passi
10 minutes (4:02 pm-4:12 pm)	7.	Revision TKR	Dr Rajnish Garg
10 minutes (4:12 pm-4:22 pm)	8.	Dissatisfaction after TKR - A growing concern	Dr Inder Pawar
10 minutes (4:22 pm-4:32 pm)	9.	Nerve supply of Knee for sense of position and balance – before and after TKR	Dr Sonia Singh Kharay
10 minutes (4:32 pm-4:42 pm)		Q & A	
04:44 pm-05:07 pm	S6.	OA KNEE SYMPOSIUM (CONTINUED) (Aetiology& Pathology)	Dr Amita Jain Dr Mitra Basu Chillar
4 minutes (4:44 pm-4:48 pm)	1.	Way forward	Dr N K Aggarwal
15 minutes (4:48 pm-5:03 pm)	2.	Etiology and Pathogenesis OA Knee	Dr Bhavna Garg
4 minutes (5:03 pm-5:07 pm)		Q & A	
05:09 pm-06:22 pm	S7.	PLENARY LECTURES (Moderator – Dr Avtar Kharay)	Dr Bishnu Patra Dr Jawahar Jethwa
20 minutes (05:09 pm-05:29 pm)	1.	Autoimmunity driven inflammatory diseases of Musculoskeletal system	Dr Amita Jain
15 minutes (5:29 pm- 5:44 pm)	2.	Redefining success- A philosophical enquiry into success matrix in Orthopaedic surgery	Dr Ramesh Sen
10 minutes (5:44 pm-5:54 pm)	3.	My Early Experience with Ortho biologic Peptide	Dr Jignesh Patel
10 minutes (5:54 pm-6:04 pm)	4.	Other Biologicals - Exosomes	Dr Ashim Gupta
10 minutes (6:04 pm-6:14 pm)	5.	Crossing the Translational Gap: Enabling Clinical Adoption of Allogeneic BM-MSCs in Knee Osteoarthritis	Dr Karun Jain
8 minutes (6:14 pm-6:22 pm)		Q & A	

CONFERENCE DINNER FROM 7:30 PM TO 10:00 PM IN THE PAISLEY HALL

28th FEB 2026 SATURDAY			
08:00 am – 6:00 pm		REGISTRATION	
08:30 am- 09:14 am	S8.	PLENARY LECTURES (Moderator – Dr Dhiren Bassi)	Dr S M Tuli Dr B S Rajput
20 minutes (08:30 am-8:50 am)	1.	Kya Khoya Kya Paya	Dr D D Tanna
10 minutes (08:50 am-09:00 am)	2.	PRP for Ligament and Tendon Tears	Dr Kiran Shete
10 minutes (09:00 am-09:10 am)	3.	Role of PRP +/- BMAC in delayed & Non-union	Dr Bishnu Patra
4 minutes (09:10 am-9:14 am)		Q & A	
09:16 am- 10:23 am	S9.	OA KNEE SYMPOSIUM (CONTINUED) (Proposed Management – Local Biological)	Dr Ashim Gupta Dr Madhan Jeyaraman
2 minutes (09:16 am-09:18 am)	1.	Introduction regarding management (Local - Biological of OA Knees)	Dr N K Aggarwal
15 minutes (09:18 am-09:33 am)	2.	Intraosseous Biotherapies/Blockades for Neuro-Immune Modulation in OA Knee	Dr Christodoulos Amorgianos
10 minutes (09:33 am-9:43 am)	3.	Autologous Peripheral Blood Products in OA Knee	Dr Ashim Gupta
10 minutes (9:43 am-9:53 am)	4.	Right dose & frequency of I/A PRP injections in OA Knee – Evidence and experience	Dr Sandeep Patel
8 minutes (09:53 am-10:01 am)	5.	PRP & PRGF Preparation techniques	Dr Ashim Gupta
8 minutes (10:01 am-10:09 am)	6.	"Flushing out inflammation: Role of Arthroscopic Lavage in OA Knee, Beyond debridement	Dr Karen Maria
10 minutes (10:09 am-10:19 am)	7.	Difference between PRP & Growth Factor Rich Serum (Variety of GFC preparations) -What is the evidence	Dr Bishnu Patra
4 minutes (10:19 am-10:23 am)		Q & A	
10:25 am-11:20 am	S10.	OA KNEE SYMPOSIUM (CONTINUED) (Proposed Management–Local Biological Continued)	Dr Ramesh Sen Dr P. S. Sarkar
10 minutes (10:25 am-10:35 am)	1.	Bone Marrow Component Therapy in OA Knee	Dr Tarun Jayakumar
10 minutes (10:35 am-10:45 am)	2.	Different BM Aspiration Techniques, needles and processing methods	Dr B S Rajput
10 minutes (10:45 am-10:55 am)	3.	India Navigating Knee Preservation: Clinical Outcomes & Regulatory Landscape of Allogenic BMSC Therapy	Dr Suresh Singla
10 minutes (10:55 am-11:05 am)	4.	Allogenic Bone marrow injections for OA Knee	Dr S S Amarnath
10 minutes (11:05 am-11:15 am)	5.	"Biologic Augmentation with BMAC in OA Knee": From Mechanical to Biological	Dr Karen Maria
5 minutes (11:15 am-11:20 am)		Q & A	

11:22 am- 12:02 pm	S11.	OA KNEE SYMPOSIUM (CONTINUED) (Proposed Management– Local Biological Continued)	Dr B S Rajput Dr Ashok Kumar
10 minutes (11:22 am-11:32 am)	1.	Fat derived autologous derivatives in OA Knee (SVF and M Fat)	Dr Madhan Jeyaraman
8 minutes (11:32 am-11:40 am)	2.	Stem Cells on Demand: The Science Behind Off the shelf Allogenic MSC product	Dr Ashim Gupta
8 minutes (11:40 am-11:48 am)	3.	Allogenic biologic products; Placental, umbilical cord, Stem cells	Dr Ashim Gupta
10 minutes (11:48 am-11:58 am)	4.	HA, PRP, PRGF, BM, Fat products & Ozone - Different Combinations! What works and what doesn't	Dr Madhan Jeyaraman
4 minutes (11:58 am-12:02 pm)		Q & A	
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12:04 pm-12:48 pm	S12.	OA KNEE SYMPOSIUM (CONTINUED) (Proposed Management–Local Biological Continued)	Dr A N Mukherjee Dr Alberto Battaglia
10 minutes (12:04 pm- 12:14 pm)	1.	Role of scaffolds in OA Knee	Dr Prabu M
8 minutes (12:14 pm-12:22 pm)	2.	Local Biological treatment –Ludhiana protocol	Dr N K Aggarwal
8 minutes (12:22 pm-12:30 pm)	3.	Indications, Interactions, Contraindications & post-operative care for I/A Biologics	Dr Bishnu Patra
12 minutes (12:30 pm-12:42 pm)	4.	Regulatory and Legal Aspects of Orthobiologics and Advanced therapeutic medicinal products	Dr Madhan Jeyaraman
6 minutes (12:42 pm-12:48 pm)		Q & A	
12:50 pm-01:32 pm	S13.	OA KNEE SYMPOSIUM (CONTINUED) (Proposed Management – Local Alternatives Therapies)	Dr Ashim Gupta Dr Karen Maria
12 minutes (12:50 pm-01:02 pm)	1.	Prolotherapy in OA Knee	Dr Vikram Rajguru
10 minutes (01:02 pm-01:12 pm)	2.	Imaging before and after I/A therapies for OA Knee	Dr Neharika Arora Sareen
12 minutes (01:12 pm-01:24 pm)	3.	RF, Cooled Radiofrequency and Thrombo - embolization in OA Knee	Dr Swati Bhat
8 minutes (01:24 pm-01:32 pm)		Q & A	
01:34 pm- 02:18 pm	S14.	OA KNEE SYMPOSIUM (CONTINUED) (Local – Mechanical)	Dr Manish Khanna Dr Ajit Saigal
6 minutes (01:34 pm-01:40 pm)	1.	Introduction(Local– Mechanical Treatment)	Dr N K Aggarwal
12 minutes (01:40 pm-01:52 pm)	2.	"Role of Soft tissue Realignment and Strengthening in delaying TKR in OA Knee - A Physiotherapist's Perspective "	Dr Ruchika Bansal
8 minutes (01:52 pm-02:00 pm)	3.	Dr J'Needle Plasty for varus correction.	Dr Jignesh Patel

10 minutes (02:00 pm-02:10 pm)	4.	HTO with Orthofix: The dynamic and versatile way forward to Save the Knee	Dr Harpal Singh
8 minutes (02:10 pm-02:18 pm)		Q & A	
02:20 pm-03:05pm	S15.	PLENARY LECTURES (LOA Session) (Moderator – Dr Vishal Garg)	Dr Dhiren Bassi Dr Vikram Rajguru Dr Balwant Singh Hunjan
15 minutes (02:20 pm-02:35 pm)	1.	Shoulder Implant - Made in India, Made for the World!	Dr A N Mukherjee
12 minutes (02:35 pm-02:47 pm)	2.	CSF Proteomics study in Spinal cord injury	Dr Kiran Kumar Mukhopadhyay
12 minutes (02:47 pm-02:59 pm)	3.	"Regenerative Therapy for Spine Disc & Facet Disease"	Dr Neeraj Jain
6 minutes (02:59 pm-03:05 pm)		Q & A	
03:07 pm- 03:31 pm	S16.	OA KNEES SYMPOSIUM (CONTINUED) (Systemic management)	Dr S C Ahuja Dr Jignesh Patel
10 minutes (03:07 pm-03:17 pm)	1.	Systemic Treatment- Targeting Inflammation – Pharmacotherapy,DMARDS, Low Dose Steroids, Newer Medications	Dr N K Aggarwal
8 minutes (03:17 pm-03:25 pm)	2.	Future – Knee Phenotypes & Targeted Therapy, Genetic Therapy, Prediction Tools and Prevention of OA	Dr Bhawna Garg
6 minutes (03:25 pm-03:31 pm)		Q & A	
03:33 pm-04:18 pm	S17.	PLENARY LECTURES (Moderator – Dr Avtar Kharay)	Dr Kingshuck Mandal Dr Mitra Basu Chillar
14 minutes (03:33 pm-03:47 pm)	1.	Future of orthopedic oncology	Dr Sudhir Garg
15 minutes (03:47 pm-04:02 pm)	2.	Damage control Orthopaedics- understanding and treating the third hit- Original Contributions	Dr Arindam Banerjee
10 minutes (04:02 pm-04:12 pm)	3.	Precision Medicine Revolutionized Rheumatic Disorders	Dr Aarti Dewan
6 minutes (04:12 pm-04:18 pm)		Q & A	
04:20 pm-05:54 pm	S18.	OZONE SESSION (Moderator – Dr Inder Pawar)	Dr Swati Bhat Dr Karen Maria
8 minutes (04:20 pm-04:28 pm)	1.	History and use of Ozone in medical field	Dr Mili Shah
8 minutes (04:28 pm-04:36 pm)	2.	Unique properties and mechanism of action of Ozone as a therapeutic molecule	Dr Mili Shah
8 minutes (04:36 pm-04:44 pm)	3.	Ozone Therapy in musculoskeletal problems in Orthopaedics	Dr Gautam Shah
8 minutes (04:44 pm-04:52 pm)	4.	Ozone applications in autoimmune musculoskeletal disease	Dr Jignasha

8 minutes (04:52 pm-05:00 pm)	5.	MIHT and MAHT	Dr Mili Shah
10 minutes (05:00 pm-05:10 pm)	6.	World First Revolutionary Hip AVN care - Ozone Hip Arthrodiastasis-A study of 300 hips	Dr Jignesh Patel
10 minutes (05:10 pm-05:20 pm)	7.	Role of EBOO with filtration in Musculo skeletal conditions – Evidence and Experience	Dr Mitra Basu Chillar
8 minutes (05:20 pm-05:28 pm)	8.	Effect of Intra-Articular Ozone Therapy on Pain Relief and Functional Outcomes in Advanced Knee Osteoarthritis: A Retrospective Study	Dr. Hardik Kharbanda
8 minutes (05:28 pm-05:36 pm)	9.	AVN HIP Management by IAOS method - (Hip Arthodiastasis/EBOO/M-Regime)	Dr Sunil Saini
10 minutes (05:36 pm-05:46 pm)	10.	A case presentation of Ozone in a badly infected leg cellulitis.	Dr B Shiv Shankar
8 minutes (05:46 pm-05:54 pm)	11.	Diabetic foot ulcers treated by Ozone therapy	Dr Gautam Shah
05:55 pm- 06:25 pm	W2.	Ozone Video Workshop & Discussion (Moderator Dr Aarti Dewan)	All session Faculty

1st MARCH 2026 SUNDAY			
08:30 am-09:20 am	S19.	PLENARY LECTURES (WBOA Session) (Moderator – Dr Rakesh Goyal)	Dr G G Kar Dr Sabyasachi Santra Dr Neeraj Singla
20 minutes (08:30 am-08:50 am)	1.	Applications of ozone for Orthopaedics	Dr Robert Rowen
15 minutes (08:50 am-09:05 am)	2.	Evidence and my Experiences with Anti-Aging Therapies	Dr Mitra Basu Chillar
10 minutes (09:05 am-09:15 am)	3.	Innovative Antibiotic Coated Interlocking Nailing in infected long bone fractures	Dr B Shiva Shankar
5 minutes (09:15 am-09:20 am)		Q & A	
09:22 am-09:52 am	4.	Valedictory Function	
9:54 am-11:12 am	S20.	INNOVATIONS & ORIGINAL CONTRIBUTIONS (Moderator – Dr Bobby John)	Dr Avtar Singh Kharay Dr Christodoulos Amorgianos
20 minutes (9:54 am-10:14 am)	1.	Dynamic & biomimetic fixation of proximal femoral fractures/ Biological smart fixation of tibia and humerus fractures	Dr Jawahar Jethwa
10 minutes (10:14 am-10:24 am)	2.	New HTO PLATE for Grade 3 OA knee with Genu Varus	Dr Ajit Saigal
6 minutes (10:24 am-10:30 am)	3.	JigT'tomy -An Innovative Adductor Tenotomy technique	Prof Jignesh Patel
12 minutes (10:30 am-10:42 am)	4.	Microvasive Techniques	Dr Arvind Diwaker Jain
15 minutes (10:42 am-10:57 am)	5.	"Innovative Interventions in Difficult Spine Cases"	Dr Neeraj Jain
15 minutes (10:57 am-11:12 am)		Q & A	
11:14 am-12:35 pm	S21.	PAIN PORTALS (Moderator – Dr Ravinder Sidhu)	Dr Hari Om Aggarwal Dr Prabu M
15 minutes (11:14 am-11:29 am)	1.	Pain and its different manifestations? History and Development of pain portals, Some startling examples.	Dr Arvind Diwaker Jain
12 minutes (11:29 am-11:41 am)	2.	"Pain portals, the game changer"	Dr Sushil Vijay
10 minutes (11:41 am-11:51 am)	3.	Anatomy and Physiology of portal blocks, its various subtypes, Science behind diluted Local anesthetic injections and mode of action	Dr Arvind Diwaker Jain
8 minutes (11:51 am-11:59 am)	4.	Different Pain Portals and their Indications	Dr Sushil Vijay
20 minutes (11:59 am-12:19 pm)	5.	Neuro-Immune Modulation in Intraosseous block Biotherapies/Blockades	Dr Christodoulos Amorgianos
8 minutes (12:19 pm-12:27 pm)	6.	How to overcome failures of Pain Portals	Dr Jignesh Patel
8 minutes (12:27 pm-12:35 pm)		Q & A	

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12:37 pm- 01:19 pm	S22.	GUEST LECTURES (Moderator – Dr Divyanshu Gupta)	Dr Paramjit Kaur Dr B Shiva Shankar
12 minutes (12:37 pm-12:49 pm)	1.	Principles of rational approach to using antibiotics in Orthopaedics	Dr Bobby John
12 minutes (12:49 pm-01:01 pm)	2.	How to prevent fragility fractures in Elderly persons and Power of Exercises to combat Aging...!!!	Dr Hari Om Aggarwal
10 minutes (01:01 pm-01:11 pm)	3.	Role of Regenstein in RCT Repair	Dr Raman Singla
8 minutes (01:11 pm-01:19 pm)		Q & A	
1:20 pm– 2:30 pm	S23.	FREE PAPER SESSION (Moderator – Dr Avtar Singh Kharay)	Dr Raman Singla Dr Bobby John
8 minutes (1:20 pm-1:28 pm)	1.	Tendinopathy Prevalence in Athletes and Non athlete's management and Rehab	Dr Vishal Garg
8 minutes (1:28 pm-1:36 pm)	2.	To evaluate functional and radiological outcomes of fixation of displaced distal end radius fractures by percutaneous Kirschner wires connected together with Joshi's clamp.	Dr Pardeep Kumar
4 minutes (Poster Presentation) (1:36 pm-1:40 pm)	3.	Isolated Lateral Swivel Dislocation of Talonavicular Joint: a rare case report	Dr. Sarika Sharma
4 minutes (Poster Presentation) (1:40 pm-1:44 pm)	4.	Mirror Image Fractures Bilateral Segmental Femur: a rare case report	Dr. Rajeev Mehta
8 minutes (1:44 pm-1:52 pm)	5.	"Closed Reduction and Percutaneous Fixation of Pelvic Fractures".	Dr V S N Raju
8 minutes (1:52 pm-2:00 pm)	6.	4-in-1 Quadricepsplasty For Habitual And Fixed Lateral Patellar Dislocation: A Case Report	Dr Sukhil Raina
8 minutes (2:00 pm-2:08 pm)	7.	Practice Patterns and Perceptions in Managing Avascular Necrosis (AVN): A Survey Among Indian Orthopaedicians	Dr Krishna Shriram Dhanasekaran
8 minutes (2:08 pm-2:16 pm)	8.	Tennis elbow is a chronic overuse condition of the lateral elbow, commonly seen in individuals performing repetitive forearm movements. Conventional treatments provide variable outcomes, and long-term benefit remains inconsistent. Platelet-rich plasma (PRP) promotes tendon healing through growth factors, while dry needling helps by improving local blood flow and reducing trigger point-related pain. Limited evidence exists on their combined use.	Dr Mohit Rohilla
14 minutes (02:16 pm-02:30 pm)		Q & A	