



MID TERM NATIONAL CONFERENCE - 2026

GERIATRIC SOCIETY OF INDIA (GSI)

By Gujarat State Chapter

APRIL **18** **19** 2026

Venue: **Atal Kalam Research Park,**
Gujarat University, Ahmedabad, Gujarat

Scientific Program

18th April, 2026 09:00 am to 07:00 pm
19th April, 2026 09:00 am to 02:00 pm

POCKET PLANNER



Gandhi Ashram, Ahmedabad

Sun Temple, Modhera

Statue of Unity, Kevadia

Apollat Sarpwell, Adalaj

Rann of Kachchh

Gir National Park, Sasan Gir



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GERIATRIC SOCIETY OF INDIA (GSI)

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DAY-1

APRIL 18, 2026 (SATURDAY)
Atal Kalam Research Park,
Gujarat University, Ahmedabad

8:00 am Registration & Breakfast

FOUNDATION OF GERIATRIC HEALTHCARE

Time	Topic	Speakers
Chairperson -		
Moderator -		
Panelist -		
8:45 am	Introduction to GSI Midterm Conference	Dr Urmil Shah
8:55 am	Comprehensive Geriatric Assessment (CGA) The Foundation	Dr Shikhar Bajpai
9:07 am	Interpretation of Laboratory Values in Geriatrics	Dr Trisha Banik
9:19 am	Breaking Obesity cycle unrevealing the missing link	Dr S. N. Swain
9:31 am	Panel Discussion & Question-Answer Session	

ENDOCRINE & METABOLISM

Time	Topic	Speakers
Chairperson - <i>Dr Satya Gupta, Dr Bhupesh Shah, Dr Jitendra Patel</i>		
Moderator - <i>Dr Vipul Chavda, Dr Dhruvi Hasnani</i>		
Panelist -		
9:47 am		
9:59 am	Sarcopenic Obesity	Dr Sanjeev Phatak
10:11 am	Andropause	Dr Vivek Patel
10:23 am	Scoring in Endocrine	Dr P. M. Diggikar
10:35 am	Management of Diabetes in ICU setting in Geriatric	Dr Anu Gaikwad
10:47 am	Panel Discussion & Question-Answer Session	

PHARMACOLOGY

Time	Topic	Speakers
Chairperson -		
Moderator -		
Panelist -		
10:57 am	Polypharmacy - The Central Theme	Dr Arpit Verma
11:09 am	Deprescribing - How to do in OPD	Dr Sabyasachi Majee
11:21 am	Panel Discussion & Question-Answer Session	

SRI SUNKU SUBRAHMANYAM MEMORIAL ORATION LECTURE

Time	Topic	Speakers
Chairperson - <i>Dr Urmil Shah, Dr Jitendra Patel, Dr Ashaben Shah</i>		
Moderator -		
11:31 am	Brain Health ageing preventing Stroke, Dementia & Disability - the road ahead	Dr Bindu Menon



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SARCOPENIA & NUTRITION

Time	Topic	Speakers
Chairperson - <i>Dr Rashmi Chovatiya, Dr Hardik Shah</i> <i>Dr Bhagirath Solanki, Dr Biren Naik, Dr Paras Shah</i>		
Moderator -		
Panelist -		
12:00 pm	Sarcopenia - Diagnosis and Staging	Dr Dipak Dantara
12:12 pm	Malnutrition Screening and Management in Geriatric	Dr Asha N. Shah
12:24 pm	Exercise Prescription in Elderly	Dr S. Mohanty
12:36 pm	Oral Nutritional Supplements - When & How Pre and Probiotics Role in Elderly	Dr Urman Dhruv
12:48 pm	Panel Discussion & Question-Answer Session	

GASTROLOGY

Time	Topic	Speakers
Chairperson - <i>Dr Bhavesh Thakkar, Dr Rajiv Bansal</i>		
Moderator - <i>Dr Manish Aggrawal, Dr Jitendra Anand</i>		
12:58 pm	IBS-C & Chronic Constipation in Elderly	Dr Soumik Ghosh
1:10 pm	Panel Discussion & Question-Answer Session	

1:15 pm LUNCH BREAK

RENAL

Time	Topic	Speakers
Chairperson - <i>Dr Siddharth Mavani, Dr Pankaj Shah, Dr K. D. Tibrewal</i>		
Moderator - <i>Dr Bharat Shah, Dr Dhiren Joshi, Dr Jignesh Shah</i>		
Panelist -		
1:45 pm	Management of Electrolyse in Elderly	Dr Sanjay Pandya
1:57 pm	The ageing bladder - from LUTS to Incontinence	Dr R. B. Sabnis
2:09 pm	Recurrent Genital Infection care in elderly Female	Dr Mona Patel
2:21 pm	Panel Discussion & Question-Answer Session	

CARDIOLOGY

Time	Topic	Speakers
Chairperson - <i>Dr Jayesh Rawal, Dr Bhupesh Shah</i>		
Moderator - <i>Dr Vinit Shah, Dr Jitendra Patel</i>		
Panelist -		
2:31 pm	Heart Failure	Dr Urmil Shah
2:43 pm	Cardiac Arthemis in Elderly	Dr Ajay Naik
2:55 pm	Anticoagulation and Antiplateless in Patients with Recurrent Falls - Continue or Stop?	Dr Anish Chandarana
3:07 pm	Lipid Lowering Therapy - Statin/Inclisiran is it different in different patient types	Dr Kamal Sharma
3:19 pm	Panel Discussion on Cardiac Interventions in Elderly - Surgical / Non-Surgical	Dr Dhiren Shah, Dr Dhaval Naik, Dr Tejas V. Patel, Dr Hiren Kevadiya, Dr Niren Bhavsar
3:40 pm	Panel Discussion & Question-Answer Session	

3:50 pm TEA BREAK



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RESPIRATORY

Time	Topic	Speakers
Chairperson - <i>Dr Dinabandhu Sahu, Dr Harshad Patel</i>		
Moderator - <i>Dr Amit Patel, Dr Nitesh Shah, Dr Jayesh Shah</i>		
Panelist -		
3:53 pm	Palliative Care in Endstage Respiratory Disease in Elderly	Dr Anupama Murthy
4:05 pm	Pneumonia and Aspiration in Elderly	Dr Harjeet Dumra
4:17 pm	Panel Discussion & Question-Answer Session	

ONCOLOGY

Time	Topic	Speakers
Chairperson - <i>Dr Bhavesh Parekh, Dr Manoj Vithalani</i>		
Moderator -		
Panelist -		
4:27 pm	Evaluation of unexplained weight loss in Elderly	Dr Sajesh Asokan
4:39 pm	Hematological Malignancies in Elderly	Dr Chirag A. Shah
4:51 pm	Panel Discussion & Question-Answer Session	

ESSENTIALS OF GERIATRIC CARE

Time	Topic	Speakers
Chairperson - <i>Dr Surabhi Madan, Dr Bhavesh Shah</i>		
Moderator - <i>Dr Nehal Sadhu, Dr Archana Gandhi, Dr Pragmesh Vaccharajani</i>		
Panelist -		
5:00 pm	Infection Care in Elderly - Common pitfalls and prevention	Dr Dilip Mathai
5:12 pm	Critical Incident & end of life documentation in ICU	Dr Harshil Mehta
5:24 pm	Role of Gerontechnology Assistive Devices for Elderly Care	Dr Sachin Desai
5:36 pm	Predicting Perioperative Complication in Elderly - Latest evidence	Dr Shailja Rao
5:48 pm	Hypoglycemic Hyperosmolar State (HHS) - A major challenge in the Elderly	Prof. (Dr) Sudhir Chandra Jha
6:00 pm	Panel Discussion & Question-Answer Session	

SENSORY & SKIN HEALTH IN ELDERLY

Time	Topic	Speakers
Chairperson - <i>Dr Hemal Shah, Dr Vatsal Kothari</i>		
Moderator - <i>Dr Parvin Chandarana</i>		
Panelist -		
6:10 pm	Oral Health, Nutrition & Frailty-The Missing Link in Geriatrics	Dr Asha Narde
6:22 pm	Fragile Skin - Wound Care challenges in Geriatrics	Dr Hemant Saraiya
6:34 pm	Can Hearing Aid Prevent Dementia?	Dr Navin K. Patel
6:46 pm	Cochlear Implant in Elderly - Are we under utilizing them?	Dr Rajesh Vishwakarma
7:00 pm	Panel Discussion & Question-Answer Session	



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RESEARCH & SOCIAL

Time	Topic	Speakers
Chairperson -		
Moderator -		
7:12 pm	National Priorities for Health Research among Elderly	Dr Sanghmitra Pati
7:24 PM	Digital Sewa for Seniors: Social Media as a tool for prevention and awareness	Dr Nikita Toshi
7:36 pm	Panel Discussion & Question-Answer Session	

7:45 pm GALA DINNER

• SEMINAR HALL •

E-POSTER SESSION - 10:00 AM TO 1:00 PM

POST LUNCH PHYSIOTHERAPY CHAPTERS PRESENTATION

Time	Topic	Speakers
Panelists - <i>Dr Keval Changadiya & Dr Siddarth Joshi</i>		
2:00 pm	Technology Meets Neuro Rehab: A New Era For Geriatric Recovery	Dr Keval Changadiya Dr Richa Ojha
Panelists - <i>Dr Parth Nathwani & Dr Poonam Modi</i>		
2:21 pm	Pelvic Floor Rehabilitation In Geriatrics: Beyond Kegels	Dr Parth Nathawani Dr Bansari Patel Gyneac
Panelists - <i>Dr Heli Shah & Dr Gopi</i>		
2:41 pm	Balance and Fall Prevention	Dr Heli Shah Dr Manthan Purohit Dr Jeel Jeevrajani
Panelists - <i>Dr Amit Patel & Dr Deep Parikh</i>		
3:01 pm	Management Of Exercise Induced Desaturation In Geriatric Pulmonary Patients	Dr Amit Patel Dr Paras Doshi Dr Joicy Senlin
Panelists - <i>Dr Dhaval Patel & Dr Manoj Vithalani</i>		
3:21 pm	Frailty - Focused Physiotherapy Approach In Elderly	Dr Manoj Vithalani Dr Gopi Contractor
3:41 pm TEA BREAK		
Panelists - <i>Dr Neil Rohra, Dr T. Kanna Amarnath & Dr Pratik Patel</i>		
4:01 pm	Recent Advances In Geriatric Physiotherapy Management For Musculoskeletal Conditions	Dr Neil Rohra Dr Nehal Shah
Panelists - <i>Dr Priyank Shah & Dr Richa Ojha</i>		
4:21 pm	Aging Unplugged: Understanding Geriatric Neurology	Dr Priyank Shah Dr Devang Shah Dr Shraddha Diwan
4:41 pm	Panel Discussion & Question-Answer Session	
5:31 pm	Paper and Poster Presentation (Digital)	



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DAY-2

📅 APRIL 19, 2026 (SUNDAY)
📍 Atal Kalam Research Park,
Gujarat University, Ahmedabad

8:00 am Registration & Breakfast

GERIATRIC HEALTH CARE

Time	Topic	Speakers
Chairperson - <i>Dr Devang Shah, Dr Ashok Shah</i>		
Moderator - <i>Dr Dhiren Patel, Dr Anil Kulshrestha</i>		
Panelist -		
9:00 am	Geriatric Rehabilitation	Dr Prerna Kapoor
9:12 am	Fear of Frailty and Fall in Elderly	Dr Shikhar Bajpai
9:24 am	End of Life Care	Dr Aayushi Choksi Parikh
9:36 am	Geriatric Medicines - New Subspeciality - Indian Contest	Dr Atulya Saurabh
9:48 am	Vaccination in Elderly	Dr Jitendra Patel
10:00 am	Panel Discussion & Question-Answer Session	

INAUGURATION CEREMONY (10:10 TO 10:30 AM)

DR. SATISH GULATI & DR RITA GULATI ORATION LECTURE

Time	Topic	Speakers
Chairperson - <i>Dr Ajay Naik, Dr Urman Dhruv</i>		
Moderator - <i>Dr Sanjiv Phatak, Dr Bansi Saboo</i>		
10:30 am	Elder Abuse	Dr Anand Ambali

BONE METABOLISM

Time	Topic	Speakers
Chairperson - <i>Dr. Y. C. Shah, Dr Parimal Tripathi, Dr Deven Zaveri</i>		
Moderator -		
Panelist -		
11:00 am	Hip Fracture - A death sentences?	Dr Pranav Shah
11:12 am	Degenerative Spine - Prevention, Care and surgery when to consider	Dr Bharat Dave
11:24 am	Approach to Osteoporosis in the Elderly	Dr C. Balkrishna
11:36 am	Panel Discussion & Question-Answer Session	

DIABETES AND ONCO

Time	Topic	Speakers
Chairperson -		
Moderator -		
Panelist -		
11:46 am	Diabetes in elderly - Diabetes Indian Consensus	Dr Bansi Saboo
11:58 am	Tokenism to true partnership: Embedding oncology care of older adults into	Maj (Dr) Simran Kaur Bhatia
12:10 pm	Panel Discussion & Question-Answer Session	



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NEURO-PSYCHIATRICS

Time	Topic	Speakers
Chairperson -		
Moderator -		
Panelist -		
12:20 am	Dementia - Beyond Alzheimer's	Dr Sudhir Shah
12:40 pm	Neurological Emergency in Geriatric	Dr Praveen Gupta
12:52 pm	Sleep in Elderly - Science vs Sedation	Dr Ravi Soni
1:04 pm	Parkinsonism and Neuropsychiatric Interface	Dr Narendra Barad
1:16 pm	Quick Tool for Cognitive in Elderly	Dr Keval Changadiya
1:28 pm	Panel Discussion & Question-Answer Session	

1:45 pm LUNCH BREAK

• SEMINAR HALL •

CASE BASE WORKSHOP

Time	Topic	Speakers
Chairperson -		
Moderator -		
Panelist -		
10:10 am	CASE-I	Dr Maulik Kinnariwala
10:20 am	CASE-II	Dr Sunil Mehta
10:30 am	CASE-III	Dr Bharat Shah
10:40 am	CASE-IV	Dr Surabhi Madan
10:50 am	Panel Discussion on Sarcopenia	Dr Rashmi Chovatiya Dr
11:10 am	Panel Discussion on Nutrition	Dr Bidita Shah, Dr Hardik Shah

THE NEW ERA OF ELDERLY CARE

Time	Topic	Speakers
Chairperson -		
Moderator -		
Panelist -		
11:30 am	Nursing Skill for Geriatric	Dr
12:42 pm	Creating Ideal Geriatric Nursing Home	Dr B. B. Solanki
12:54 pm	Home Based Geriatric Care	Dr
1:08 pm	Panel Discussion on improving Geriatric Health Care	